## OCD

## Shares

## Solads

GAESAR (sf, n)
romaine, croutons, caesar dressing \& cashew parmesan
GHIICK'N CAESAR (N)
crispy chick'n, romaine, croutons, caesar dressing, cashew parmesan
VEGANO (gf)
seared organic tofu cutlet, grilled zucchini, grilled onions \& grilled italian peppers, house vinaigrette

## CAULIFLOWER WINGS (sf No olp)

bbq or buffalo with ranch or blue cheese \& celery
KING TRUMPET CALAMARI ${ }_{(5, \text {, }}$ )
lightly fried mushroom rings with cashew parmesan, marinara sauce \& lemon wedges

## FRIIES ITALLANO ( (g, Sf, No

french fries tossed in herbed butter \& cashew parmesan, with spicy giardiniera \& garlic aioli

## POTATO SKINS (gf, n)

crispy potato shells stuffed with cashew cream, bacon bits, scallions \& sour cream
RICOTTA \& HERB FOCACCIA (sf, n)
toasted focaccia topped with almond ricotta \& fresh herbs with a side of marinara

## MEATBALLS (N)

three meatballs in house marinara topped with cashew parm
UPSTATE BEANS \& GREENS (GF, SF, N)
escarole \& gigante beans tossed in butter, garlic \& vegetable broth finished with cashew parm
DAILY CHEESE BOARD(N)

WEDDING SOUP ${ }_{(N)}$
bowl of italian wedding soup with escarole, carrots, pastina

# Sandwiches 

## FRIED ARTIOHOKE

add fries or a side salad 2
fried artichoke hearts, tofu mozz, sundried tomato jam, arugula, lemon aioli

## CHIICK'N CUTLET CLUB

crispy chick'n cutlet, veggie bacon, pesto aioli, romaine, tomato, red onion
MEATBALL ( n ) ..... 17
classic meatballs, almond ricotta, cashew parmesan, house marinara
CHESAPEAKE FRITTER (ss) ..... 16
hearts of palm fritter, classic slaw, lemon aioli
EGGPLANT PARM (sf,n) ..... 16
lightly fried eggplant cutlet, almond ricotta, house marinara, arugula, cashew parmesan
GHICK'N PARM (N) ..... 16
cripsy chick'n cutlet, almond ricotta, house marinara, arugula,cashew parmesan
GLASSIC HOAGIE ..... 15cherry peppers, garlic aioli
PHILLY JACKFRUIT (sF, w)16
braised jackfruit, seared peppers \& mushrooms,cashew cheese sauce, mayo
Baula
served over fresh greens \& grains17
crispy artichokes, garlicky greens, crumbly blue cheese, sundried tomato jam
MEATBALL BOWL (N) ..... 18classic meatballs, almond riccota, sundried tomato jam,cashew parmesan, house vinaigrette
TOFU \& WILD MUSHROOM BOWL (GF) ..... 18
seared organic tofu cutlet, roasted wild mushrooms,grilled onions, garlicky kale, house vinaigrette
GRILLED VEGETABLE BOWL (Gf,n)16
grilled zucchini, eggplant, onions \& italian peppers toppedwith blue cheese crumbles, toasted pecans \& house vinaigrette
sides
SIDE SALAD (Gf, sF) ..... 7
mixed greens, cherry tomatoes, shaved red onions, house vinaigrett
WARM FOGAGEA (s)8
toasted olive oil \& herb focaccia
FRIES (GF, SF)7

## Pasta

served with salad sub bucatini or gnocchi for gluten-free penne 2

## BUCATINI \& MEATBALLS

bucatini with nonnie's marinara \& 3 meatballs topped with cashew parm \& almond ricotta

## CACIO E PEPE <br> (N)

bucatini with creamy cashew sauce \& cracked pepper

## LASAGNA (N)

classic lasagna layered with pasta, bolognese, almond ricotta, marinara \& cashew parm

## GNOCCHI BEANS \& GREENS (sf, n)

potato gnocchi with garlicky escarole \& gigante beans in lemon butter sauce topped with cashew parm

Pastacsides BUCATINI MARINARA

GLUTEN-FREE PENNE MARINARA

## EGGPLANT ROLLATINI

lightly fried eggplant rolled with spinach \& almond ricotta \& marinara sauce with bucatini marinara \& rapini

CHICK'N PIGCATA
breaded chick'n cutlet in lemon, butter, white wine \& caper sauce with whipped potatoes \& broccolini

## TOFU MARSALA <br> (GF,N)

organic pecan-dusted tofu cutlet in mushroom, shallot \& marsala wine sauce with whipped potatoes \& rapini

CHIANTI BRAISED JAGKFRUIT (gF, SF)
braised organic jackfruit, carrots, potatoes \& shallots in rich broth with herbed polenta cakes \& broccolini

CHESAPEAKE FRITTERS (sf)
crispy hearts of palm and old bay fritters with mashed potatoes, slaw \& lemon aioli

WILD MUSHROOM RAGOUT (gf, sf)
roasted wild mushroom and gigante bean ragout with herbed polenta cakes \& rapini

